

Proper preparation and packing are essential to ensure a smooth trip with your NxStage® HHD system. This is an example of a packing list that you may use to prepare for your trip. Please consult with your care team to verify your individual needs. You may not need everything on this list. Your packing list will depend on your access, prescription, destinations, and itinerary.

#### **Cycler Supplies**

HHD cycler

Cycler base/fluid sensor (redsense)

Filter holder

Cycler user guides

Power cord

Treatment tracking system (e.g. Nx2me® iPad, booklets, or flow sheets)

## **Treatment Supplies**

Fistula/graft needles

Extra needles and syringes

Scale

Dressing pack/band aides

Tape and gauze

Gloves and masks

Tourniquet and scissors

Disinfectant alcohol and lodine pads

Thermometer

Blood pressure device

Drain lines

Pre-mixed dialysate hanging bags (remove warmers)

Disposable Chux pads

#### **Cases**

Hard case for airline travel Soft case for car travel

### **Warmer Supplies**

Warmer

Collapsible IV pole

Saline IV pole hanger

Dialysate bag cover

Screws, power interconnect cord

Dialysate bag strap (Express warmer only)

Waither Offing

Express Warmer User Guide

Bottom warmer bracket with

thumbscrew

Top warmer bracket

#### **Ancillary/Extra Supplies**

Anticoagulants (e.g. heparin)

Medication(s)

Saline (ordered through your clinic)

Bandages/plasters

Sharps bin/container

Trash bags and ties

Power strip/extension cord (for personal accessories, not to be used with cycler)

#### **Useful Tips**

- 1. Technical Support is available 24/7 in case you need assistance while traveling.
  - 1-866-697-8243 ext 2
- 2. Write down your prescription and cycler settings in the instance you need an equipment swap while traveling.
- Protect your warmer by wrapping it in bubble wrap or padding before placing it in your suitcase.
- 4. It is encouraged to bring two days of supplies in case of delivery delays. If possible, have supplies arrive before you do.
- **5.** Helpful "extras" to bring: screwdriver, pliers, scissors, masking tape, heating pad



# Home Hemodialysis (HHD) Travel Packing List

Additional Items	Notes
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